

To protect your children from ticks, here are highly-rated brand recommendations for skin and clothing, followed by exact safety application protocols tailored to different outdoor environments. [1, 2]

Top Product Recommendations for Kids

- **Care Plus Icaridin 20% Insect Repellent Pump Spray:**
 - Formulated with 20% Icaridin, it is recommended by public health authorities as a first-line defense for children 6 months and older.
 - It provides up to 12 hours of reliable tick and mosquito protection without the greasy residue or sharp odor of DEET.
 - Available for purchase at retailers like Healthy Planet and Amazon CA. [3, 4]
- **OFF! Clean Feel Insect Repellent (20% Picaridin):**
 - Utilizes a 20% Picaridin formula (the alternative name for Icaridin) that effectively blocks ticks for up to 8–12 hours.
 - The lightweight, fragrance-free formula goes on completely dry, making it a favorite for children who dislike the "sticky" feel of traditional bug sprays.
 - Available at mainstream retailers and Amazon CA. [5, 6, 7]
- **Insect Shield Kids Apparel:**
 - Socks, pants, and shirts pre-treated at the factory with permethrin securely bound to the fabric fibers.
 - This provides a crucial barrier that automatically knocks down or kills ticks climbing up a child's legs before they ever reach the skin. [1, 8]

-
- A step-by-step guide on **how to safely remove a tick with tweezers** if you ever find one attached.
 - A list of **symptoms to watch out for** over the weeks following a potential tick bite.

[1] <https://www.cdc.gov>

[2] <https://ticktool.etic.ca>

[3] <https://www.mec.ca>

[4] <https://www.trueoutdoors.ca>

[5] <https://www.homedepot.com>

[6] <https://www.ebay.ca>

[7] <https://www.amazon.ca>

[8] <https://www.canada.ca>

[9] <https://news.ontario.ca>

[10] <https://www.canada.ca>

[11] <https://firstaid4u.ca>

[12] <https://childnature.ca>

[13] <https://www.mrsgreenway.ca>